

CONTINUING HUMAN FORMATION SEMINARS

At Southdown, we are dedicated to fostering the ongoing growth and development of ordained clergy, and women and men religious.

In our experience, when information is actively engaged with, questioned, applied to real-life situations, and discussed with peers, it becomes formative. That is why we have created the **Continuing Human Formation Seminars** at Southdown.

Join us for **Navigating Essential Boundaries**,

OFFERED ON:

- May 26 - May 29, 2025
- August 18 - August 21, 2025
- October 20 - October 23, 2025
- January 26 - January 29, 2026
- March 23 - March 26, 2026

WORKSHOP TOPICS:

- The Concept of Boundaries
- Cultural Understanding of Boundaries
- The Concept of Vulnerability
- The Vulnerability of Priests
- Emotional Intelligence
- Exploring Case Examples
- Self-Care Boundaries

Sessions include presentations, group processes, Q&A, and case examples.



NEXT STEPS:

For more info, or to register, please email: administration@southdown.on.ca,
or visit: southdown.on.ca,
or call: 905 727 4214

PAYMENT INFORMATION:

Fee Per Person: \$1,495.00 CAD

The fee includes private accommodation with ensuite facilities as well as meals.

Our award-winning fully accessible residential setting offers guest lounges, TV rooms, Internet access, 24-hour snack area, and laundry facility. Nestled amidst 37 private acres of natural beauty, our grounds feature scenic walking trails, a labyrinth, and places for contemplative reflection.

The Southdown Institute
18798 Old Yonge Street
Holland Landing, Ontario L9N 0L1
Canada