



February 20, 2024

Dear Friend,

I have the pleasure of enclosing your invitation to our Annual Benefit Dinner, which will be held on Wednesday, May 1, 2024, at the Joseph D. Carrier Art Gallery, Columbus Centre, Toronto, Ontario. We are honoured to welcome **His Grace, Archbishop Francis Leo** as our Guest Speaker. This evening will raise support and awareness of our mission to provide integrated holistic programs and services to ordained clergy, vowed religious, lay pastoral ministers, and other people of faith.

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Southdown is dedicated to fostering emotional, mental, and spiritual health in the lives of our clients through our programs and services. This is reflected in our theme for this year, ***Life to the Full***, which was inspired by the Scripture passage, "I have come that they may have life, and have it to the full." (John 10:10) As we know, there can be many barriers to living life to the full. For example, when help is needed for a mental health concern, an individual may encounter barriers such as stigma, shame, fear, uncertainty, or a lack of financial resources. At Southdown, we strive to remove any barriers that might impede an individual from receiving the needed help through our programs and services, including the significant barrier of a lack of financial resources. All proceeds from our Annual Benefit Dinner will help us to provide financial assistance to those in need of our programs and services, but who lack sufficient resources. We need generous donors like you to make this special support available.

Beyond the joy of making a meaningful difference in the lives of many, the Annual Benefit Dinner is a delightful evening, and a great opportunity to enjoy the company of friends, or to meet new ones. We hope you will join us for an evening of delicious dining, beautiful music, and inspiration, all within the elegant ambiance of the art gallery.

We look forward to welcoming you on May 1, 2024. May the Lord bless you for your generosity, and may we all continue to help each other experience ***Life to the Full***.

Francois Diouf

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