



Pathways of Hope and Courage

February 21, 2023

Dear Friends,

We invite you to join us for our Annual Benefit Dinner on the evening of Thursday, May 11, 2023, at the Joseph D. Carrier Art Gallery, Columbus Centre, located at 901 Lawrence Avenue West, Toronto, ON. This event is being held to raise support and awareness of our mission to provide integrated holistic programs and services to ordained clergy, vowed religious, lay pastoral ministers, and other people of faith. All proceeds from our Annual Benefit Dinner will help us in providing financial assistance to those in need of our programs and services, but who lack sufficient resources.

On this evening, we will continue our tradition of honouring individuals who have made a significant impact to our ministry. We are delighted to welcome **His Eminence Thomas Cardinal Collins** as our guest of honour, in recognition of his many years of dedicated leadership in the Archdiocese of Toronto, and for his support of the healing ministry of Southdown. We will also honour **Joanne De Laurentiis** for her many years of faith filled and dedicated service to our Board of Directors.

At Southdown, the core of what we do, as reflected in our Vision for *Healthy Individuals, Healthy Communities, Healthy Church*, is to foster emotional, mental, and spiritual health. This year, we have chosen the theme ***Pathways of Hope and Courage***. In our work with clients, we tell them that asking for help for mental health concerns is a sign of strength, and never a sign of weakness. But sadly, a stigma continues to persist regarding mental health in general and, in particular, in our faith communities. Together, as a caring community of hope, let us join with others who actively seek ways to reduce the stigma that surrounds mental health, in support of our brothers and sisters who have the courage to ask for help.

We look forward to welcoming you at this special fundraising event. Enclosed is an RSVP card for your tickets. May the Lord bless you for your generosity of heart, and may we all continue to help each other to build ***Pathways of Hope and Courage***.

Rev. Stephan Kappler, Psy.D., C.Psych., R.Psych.
President and Chief Psychologist

BOARD MEMBERS

Cynthia Bouchard
Mary Beth Bourne
Patrick Crowley
Sheila Flynn McGrath
Rev. Michael Machacek
Matthew Marquardt
John McGrath
Larry Ryan
Edward Rzakki
Most Rev. Richard W. Smith
Most Rev. John Stowe, OFM Conv.
Most Rev. Joseph Tyson
Terry Wilk

Michelle Colangelo
Joseph Forhan
Rev. Stephan Kappler

18798 Old Yonge Street, Holland Landing, ON L9N 0L1

tel: 905 727 4214 • fax: 905 895 6296 • email: administration@southdown.on.ca www.southdown.on.ca

SOUTHDOWN CHARITABLE #: 101630820 RR0001