

Topic		Description & Presenter
Enneagram: a Tool for Inner Transformation and Growth		Enneagram invites us to look deeply into the mystery of our true identity by becoming curious about ourselves, more reflective and introspective about our behaviours, attitudes, patterns, gifts and our shadows. Febe Aguirre, MEd, CSD
Change: It is Inevitable		Identifies the cycle of change and how it impacts an individual and an organization. Dorothy Heiderscheit, OSF
Retirement for Mission: Journey into Deeper Love		Addresses the issues of grief and loss when contemplating retirement from active/paid ministry Dorothy Heiderscheit, OSF
Issues of Aging: Growing Old Gracefully		Addresses the process of aging and the importance of addressing life's challenges before the final stages of life. Dorothy Heiderscheit, OSF
Last of the Summer Wine		Challenges of Aging and tips on putting in place attitudes and behaviors to assist in positive aging. Dorothy Heiderscheit, OSF
Community Living Skills		Skills that are important for living healthy community, especially including conflict. Dorothy Heiderscheit, OSF
Gifts of Love with a Bow of Grace		Living into later years with positive mental health Dorothy Heiderscheit, OSF
The Gift of Sexuality		Identifies messages we learned about sexuality and addresses various concepts of sexuality, including healthy sexuality, gender identity, etc. Dorothy Heiderscheit, OSF
Intimacy and Living Healthy Religious Life		This is ordinarily a follow-up workshop to Sexuality addressing the various components of intimacy and its importance for living a healthy celibate life. Dorothy Heiderscheit, OSF
Keeping Our Soul Alive		The seminar focuses on the factors that erode our soul and deplete our energy such as shame, guilt, unrealistic expectations, and unresolved issues from our past. As well, this seminar focuses on the importance of self-care strategies for keeping our soul alive. Eran Talitman, PhD
Resilience		This seminar focuses on the most important factors involved in becoming and maintaining resilience in our daily life. Eran Talitman, PhD

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Guidelines For Developing and Maintaining Appropriate Ministerial Boundaries		<p>This seminar focuses on the issues of the concept of a fiduciary relationship, power, the process of boundary violations, who is most at risk for violating boundaries, and self-care.</p> <p style="text-align: right;">Eran Talitman, PhD</p>
Responding to the Call to Healthy Priesthood		<p>This seminar focuses on the importance of intimacy, self-care and factors involved in being resilient in our ministry. As well, this seminar focuses on the warning signs that tell us that we are not doing well and need assistance to cope more effectively.</p> <p style="text-align: right;">Eran Talitman, PhD</p>
The Importance of Developing Intimate Relationships		<p>This seminar focuses on the definition of intimacy, the factors involved in an intimate relationship, and the importance of intimate relationships in our ability to function effectively in ministry. This seminar also addresses issues of loneliness and recognizing our risk for violating boundaries.</p> <p style="text-align: right;">Eran Talitman, PhD</p>
Navigating Personality Disorders: Issues, Challenges, and Solutions		<p>This seminar focuses on the most common personality styles/disorders amongst religious and clergy. The seminar will focus on outlining the characteristics of each style, the impact on leadership, and suggestions for intervention.</p> <p style="text-align: right;">Eran Talitman, PhD</p>
Effective Leadership		<p>This seminar focuses on the traits, attitudes, and behaviors of effective leaders. This seminar also focuses on highlighting each of our own strengths as leaders.</p> <p style="text-align: right;">Eran Talitman, PhD</p>