



January 29, 2018

Dear Friends,

Southdown's heritage is rich with examples of hope and gratitude. The following testimonial illustrates the essence of our legacy:

Southdown offered me a space to heal and to find myself at a time when I needed it most. Not only did I benefit from the clinical expertise of the staff, but I also deeply appreciated the spiritual and personal care that I received from the entire community. This rare combination of psychological competence, pastoral sensitivity, and spiritual guidance is the defining feature of the Southdown experience. I am grateful for the valuable service Southdown continues to offer the Church.

- a grateful alumnus -

The theme of this year's Annual Benefit Dinner is *Legacy and Hope*. We stand on the shoulders of the many who have gifted us with time and talent over the years. The Sisters of St. Ann, Pacific Northwest, honoured Southdown by continuing their charism of caring for those in need of mental health assistance through the Blessed Marie Anne Blondin Fund. **Sr. Marie Zarowny**, Province Co-Leader and President, will share her reflections on *Legacy and Hope*. **Mark O'Regan**, who has served Southdown since 1968, will be recognized for fifty years of selfless service and honoured for the significance of his contribution to our history.

We look forward to greeting you at this special event. All proceeds will help us in assisting those who lack sufficient resources, so that no one will be denied services.

Thank you for supporting us in celebrating this sacred ministry,

Dorothy Heiderscheit, OSF, MSW, ACSW, RSW
Chief Executive Officer

Legacy & Hope

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