



PART-TIME YOGA INSTRUCTOR

The Southdown Institute is an accredited 22-bed residential treatment centre. Southdown offers assessments, a 14-week Residential Program, a Continuing Care Program for those who have been in residency, outpatient psychological services, consultation, education and outreach. The resident population typically consists of persons experiencing such issues as mood disorders, interpersonal conflicts, as well as a range of addictions (chemical and process).

We currently have an opportunity for a:

Saturday Yoga Instructor
Holland Landing, ON
4 hours/week
Start date: December 5, 2017

Job Summary:

We are seeking a Yoga Instructor to lead group Saturday morning Yoga classes. The holistic treatment model at Southdown requires close interaction with the other members of the clinical team who provide psychological counselling, addiction services, spiritual direction, nursing, psychiatry, and dietary instruction.

Qualifications:

The successful candidate must have the following recognized and current certifications:

- CPR and first aid
- Yoga Instruction

Previous experience in a health care facility and experience working with older clients is an asset.

Interested applicants should email or forward their resume and any supporting materials to:

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Human Resources
The Southdown Institute
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www.southdown.on.ca