

Assessment Process

For the individual, the assessment process begins with arrival on a Sunday in the late afternoon or early evening. This allows for time to become familiar with the building and to connect with the nurse on duty. Over the course of the next four days, the assessee will talk with our professional staff – a nurse, a psychologist, a spiritual director, and an addictions counselor – each of whom brings a particular expertise to the assessment process. A battery of psychological tests provides additional information about personality dynamics to supplement the interview data. We routinely ask the referring member of the diocese/ congregation to supply whatever background data is available to better understand the request for the assessment.

During the orientation, the individual will be asked to sign a release of information indicating a willingness to communicate the assessment findings with the leadership representative, which includes naming who will participate in the feedback and who will receive the final report. The assessment will not take place without a signed release unless another arrangement has been agreed upon with the individual and leadership.

On Thursday morning the assessment team gathers to analyze all findings and formulate the appropriate recommendations. These recommendations could be residential treatment, outpatient treatment, medication monitoring, or a combination of these options.

On Thursday afternoon, the individual has two opportunities to discuss the evaluation results, initially with the primary assessment clinician and later with the clinician and the leadership from the Diocese or Congregation. The purpose of these sessions is to make every effort to help the individual understand himself/herself. The meeting with the leadership is to share information that will assist in understanding the recommendations for the future. Following these meetings the individual and leadership can plan the next course of action.



For additional information, to discuss individual needs or concerns, or to schedule an appointment, please call us at **905 727 4214** or e-mail administration@southdown.on.ca